Angela started dancing at the age of 3 and has never stopped since. At the age of 18 Angela attended Bird Theatre Arts where she gained a BA(Hons) Degree in Dance and Theatre Performance, as well as regulated teaching qualifications in Classical Ballet, Modern Theatre and Tap Dance with the ISTD.

After graduating college Angela spent 12 years performing overseas in Musical Theatre and cabaret. In 2005 Angela was promoted to Dance Captain with Carnival Cruise Lines where she managed the entertainment team on board various ships.

In 2014 Angela retired as a professional dancer in order to start a family with her husband Robert. At this time Angela returned to her love of teaching full time, and accepted a position as head of Theatre Dance in a well respected Dance Studio in Pretoria, South Africa. During her time here Angela further enhanced her qualifications with a Licentiate in Modern Theatre dance allowing her to teach at vocational level.

Since relocating back to Scotland in 2020 Angela has been teaching at various locations including the Royal Conservatoire of Scotland Junior musical theatre program.

"It has been a huge pleasure teaching at Strathmore School of Dance since 2020. It is such a friendly and welcoming atmosphere. Principal Jenni offers a wonderfully inclusive environment where all performers have a chance to shine."